



REGAL HEIGHTS LONG TERM CARE FACILITY

EXAMINATION
FOR YEAR ENDED JUNE 30, 2019

REGAL HEIGHTS LONG TERM CARE FACILITY

REPORT SUMMARY FOR FISCAL YEAR ENDED JUNE 30, 2019

BACKGROUND

The State Auditor is authorized under 29 Del. C., §2906 to conduct post-audits of all financial transactions of all state agencies.

This engagement was conducted in accordance with federal requirements (42 CFR 447.253 and 483 Subpart B) and state requirements (Title XIX Delaware Medicaid State Plan, Attachment 4.19D) (criteria), as applicable to the Regal Heights Healthcare and Rehabilitation Center Long-Term Care Facility fiscal records. The criteria were used to prepare the Schedule of Adjustments to the Trial Balance, Patient Days, and Nursing Wage Survey for fiscal year ended June 30, 2019, found in the report.

The State of Delaware is required to ensure that the fiscal records at the nursing care facilities are retained and properly support the cost report, or the financial report showing the cost and charges related to Medicaid activities, submitted to the Medicaid Agency. These costs must be compliant with federal and state regulations. Under the Delaware Medicaid State Plan, the state is required to examine a sample of facilities located within the state to ensure the facilities' cost reports and nursing wage surveys are compliant with federal and state requirements.



KEY INFORMATION AND FINDINGS

It is my pleasure to report that an unqualified opinion was issued for this examination. There were no findings found and the Regal Heights Healthcare and Rehabilitation Center Long-Term Care Facility complied, in all material respects, with the criteria mentioned above.



For any questions regarding the attached report, please contact OAOA_Comms@delaware.gov.

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FULL REPORT](#)**

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Independent Accountant's Report

State of Delaware
Office of Auditor of Accounts
401 Federal Street
Dover, DE 19901

Department of Health and Social Services
Division of Medicaid and Medical Assistance
Medicaid's Long Term Care Facilities
1901 N. Dupont Highway, Lewis Building
New Castle, DE 19720

Provider: Regal Heights Healthcare and Rehabilitation Center
Period: Fiscal Year Ended June 30, 2019

We have examined management's assertions that Regal Heights Healthcare and Rehabilitation Center (Provider) has complied with federal requirements (42 Code of Federal Regulations [CFR] 447.253 and 483 Subpart B) and state requirements (Title XIX Delaware Medicaid State Plan, Attachment 4.19D) (criteria), as applicable, relative to the Provider's fiscal records of the Department of Health and Social Services (DHSS), Division of Social Services, Medicaid Long-Term Care Facilities' Statement of Reimbursement Costs for Skilled and Intermediate Care Nursing Facilities – Title XIX and Nursing Wage Survey (cost report and survey, respectively) for the fiscal year ended June 30, 2019. The Provider's management is responsible for the assertions and the information contained in the cost report and survey, which were reported to DHSS for purposes of the criteria described above. The criteria was used to prepare the Schedule of Adjustments to the Trial Balance, Patient Days, and Nursing Wage Survey. Our responsibility is to express an opinion on the assertions based on our examination.

We are required to be independent and to meet our other ethical responsibilities in accordance with relevant ethical requirements relating to our engagement.

Our examination was conducted in accordance with attestation standards established by the American Institute of Certified Public Accountants (AICPA) and the standards applicable to attestation engagements contained in *Governmental Auditing Standards* issued by the Comptroller General of the United States. Those standards require that we plan and perform the examination to obtain reasonable assurance about whether management's assertions are in accordance with the criteria in all material respects. An examination includes performing procedures to obtain evidence about management's assertions. The nature, timing, and extent of the procedures selected depend on our judgment, including an assessment of the risks of material misstatement of management's assertions, whether due to fraud or error. We believe the evidence we obtained is sufficient and appropriate to provide a reasonable basis for our opinion.

The accompanying Schedule of Adjustments to the Trial Balance, Patient Days, and Nursing Wage Survey were prepared from information contained in the Provider's cost report for the purpose of complying with the DHSS's requirements for the Medicaid program reimbursement, and is not intended to be a complete presentation in conformity with accounting principles generally accepted in the United States of America.

The items listed as adjustments on the accompanying Schedule of Adjustments to the Trial Balance, Patient Days, and Nursing Wage Survey do not materially impact the Provider's assertion.

In our opinion, management's assertions, referred to above, are presented in accordance with the criteria, in all material respects.

In accordance with *Government Auditing Standards*, we also issued our report dated February 13, 2023 on our consideration of the Provider's internal control over reporting for the cost report and survey and our tests of its compliance with certain provisions of laws, regulations, contracts and grants. The purpose of that report is to describe the scope of our testing of internal control over financial reporting and compliance and the results of that testing, and not to provide an opinion on internal control over financial reporting and compliance. That report is an integral part of an examination performed in accordance with *Government Auditing Standards* and should be considered in assessing the results of our examination.

This report is intended solely for the information and use of the State of Delaware Office of Auditor of Accounts, DHSS, Division of Medicaid and Medical Assistance, and Medicaid's Long Term Care Facilities and is not intended to be and should not be used by anyone other than the specified parties. However, under 29 Del. C. §10002, this report is public record and its distribution is not limited. This report, as required by statute, was provided to the Office of the Governor, the Office of the Controller General, the Office of the Attorney General, the General Assembly, and the Office of Management and Budget.

Myers and Stauffer LC

Myers and Stauffer LC
Owings Mills, Maryland
February 13, 2023

Regal Heights Healthcare and Rehabilitation Center
Schedule of Adjustments to the Trial Balance for the Fiscal Year Ended June 30, 2019

Type of Cost	Description	Reported Amounts	Adjustment Amounts	Adjusted Amounts
Expenses				
Primary Patient Care Costs per Trial Balance of Costs		\$ 7,314,912		
Adjustments to Primary Patient Care Costs				
3	To reclassify administrative contract services to the proper cost center		\$ (41,625)	
6	To reclassify pharmacy consulting service expense to the proper cost center		\$ (8,100)	
10	To reflect the verified benefits expense and benefits allocation		\$ (61,841)	
Net Primary Patient Care Costs		\$ 7,314,912	\$ (111,566)	\$ 7,203,346
Primary Patient Care Cost Per Day (*)		\$ 114.2	\$ (1.8)	\$ 118.6
Secondary Patient Care Costs per Trial Balance of Costs		\$ 914,196		
Adjustments to Secondary Patient Care Costs				
1	To reclassify maintenance supplies to the proper cost center		\$ (3,515)	
2	To reclassify respiratory therapy contract service expense to the proper cost center		\$ (46,030)	
6	To reclassify pharmacy consulting service expense to the proper cost center		\$ 8,100	
7	To reclassify patient billable physician fees to the proper cost center		\$ (24,366)	
10	To reflect the verified benefits expense and benefits allocation		\$ (1,124)	
Net Secondary Patient Care Costs		\$ 914,196	\$ (66,935)	\$ 847,261
Secondary Patient Care Cost Per Day (*)		\$ 14.3	\$ (1.1)	\$ 14.0
Support Service Costs per Trial Balance of Costs		\$ 2,148,836		
Adjustments to Support Service Costs				
1	To reclassify maintenance supplies to the proper cost center		\$ 3,515	
10	To reflect the verified benefits expense and benefits allocation		\$ (4,059)	
Net Support Service Costs		\$ 2,148,836	\$ (544)	\$ 2,148,292
Support Service Cost Per Day (*)		\$ 33.5	\$ (0.0)	\$ 35.4
Administrative & Routine Costs per Trial Balance of Costs		\$ 2,992,793		
Adjustments to Administrative & Routine Costs				
3	To reclassify administrative contract services to the proper cost center		\$ 41,625	
10	To reflect the verified benefits expense and benefits allocation		\$ (13,120)	
11	To adjust the passdown of Home Office costs to reflect verified		\$ (38,384)	
Net Administrative & Routine Costs		\$ 2,992,793	\$ (9,879)	\$ 2,982,914
Administrative & Routine Cost Per Day (*)		\$ 46.7	\$ (0.2)	\$ 49.1

(*) Adjusted Cost Per Day is calculated utilizing actual patient days.

Regal Heights Healthcare and Rehabilitation Center
Schedule of Adjustments to the Trial Balance for the Fiscal Year Ended June 30, 2019

Type of Cost	Description	Reported Amounts	Adjustment Amounts	Adjusted Amounts
Expenses				
Capital Costs per Trial Balance of Costs		\$ 931,332		
Adjustments to Capital Costs				
4	To reclassify specialized beds to the proper cost center		\$ (6,736)	
5	To reclassify oxygen billable supplies to the proper cost center		\$ (12,576)	
8	To reflect verified interest expense		\$ (17,747)	
9	To reflect verified property tax expense		\$ (57,027)	
11	To adjust the passdown of Home Office costs to reflect verified		\$ 14,658	
Net Capital Costs		\$ 931,332	\$ (79,428)	\$ 851,904
Net Capital Cost Per Day (*)		\$ 14.5	\$ (1.3)	\$ 14.0
Ancillary Costs per Trial Balance of Costs		\$ 1,048,829		
Adjustments to Ancillary Costs				
2	To reclassify respiratory therapy contract services to the proper cost center		\$ 46,030	
4	To reclassify specialized beds to the proper cost center		\$ 6,736	
5	To reclassify oxygen billable supplies to the proper cost center		\$ 12,576	
7	To reclassify patient billable physician fees to the proper cost center		\$ 24,366	
Net Ancillary Costs		\$ 1,048,829	\$ 89,708	\$ 1,138,537
Ancillary Cost Per Day (*)		\$ 16.4	\$ 1.5	\$ 18.8
Other Costs per Trial Balance of Costs		\$ 6,788		
Adjustments to Other Costs				
	None		\$ -	
Net Other Costs		\$ 6,788	\$ -	\$ 6,788
Other Cost Per Day (*)		\$ 0.1	\$ -	\$ 0.1

(*) Adjusted Cost Per Day is calculated utilizing actual patient days.

Regal Heights Healthcare and Rehabilitation Center Schedule of Adjustments to Patient Days for the Fiscal Year Ended June 30, 2019				
Census Type	Description	Reported Amounts	Adjustment Amounts	Adjusted Amounts
Census				
	Bed days available			62,780
	Medicaid Non-Super Skilled Patient Days	48,533		
	Adjustments to Medicaid Patient Days		(3,399)	
	Medicaid Super Skilled Patient Days	-		
	Adjustments to Medicaid Super Skilled Patient Days		-	
	Medicare Patient Days	2,926		
	Adjustments to Medicare Patient Days		-	
	Private Pay Patient Days	8,254		
	Adjustments to Private Pay Patient Days		30	
	Medicare/Private Pay Hospice Patient Days	970		
	Adjustments to Medicare/Private Pay Hospice Patient Days		-	
	Other Patient Days	3,398		
	Adjustments to Other Patient Days		-	
	Total Patient Days (1)	60,715	(3)	60,712
	Minimum Occupancy			56,502

(1) - The cost report had 3,366 hand keyed days in the formula driven total columns which led to a difference in total days compared to total patient days submitted on the cost report. As such, the total days adjustment does not match the sum of adjustments above.

Regal Heights Healthcare and Rehabilitation Center Schedule of Adjustments to the Nursing Wage Survey for the Fiscal Year Ended June 30, 2019				
Nurse Type	Description	Reported Amounts	Adjustment Amounts	Adjusted Amounts
Nursing Wage Survey				
II-A Administrative Nurses				
	Director of Nursing - Total Payroll	\$ 4,231	\$ -	\$ 4,231
	Director of Nursing - Total Hours	80.0	-	80.0
	Assistant Director of Nursing - Total Payroll	\$ 3,269	\$ -	\$ 3,269
	Assistant Director of Nursing - Total Hours	80.0	-	80.0
	Registered Nurses - Total Payroll	\$ 7,804	\$ -	\$ 7,804
	Registered Nurses - Total Hours	191.8	-	191.8
	Licensed Practical Nurses - Total Payroll	\$ 3,226	\$ -	\$ 3,226
	Licensed Practical Nurses - Total Hours	80.0	-	80.0
	Nurse Aides - Total Payroll	\$ 1,706	\$ -	\$ 1,706
	Nurse Aides - Total Hours	80.0	-	80.0
II-B All Remaining Nursing Staff				
	Registered Nurses - Total Payroll	\$ 45,114	\$ -	\$ 45,114
	Registered Nurses - Total Hours	1,170.5	-	1,170.5
	Licensed Practical Nurses - Total Payroll	\$ 83,189	\$ -	\$ 83,189
	Licensed Practical Nurses - Total Hours	2,591.8	-	2,591.8
	Nurse Aides - Total Payroll	\$ 104,692	\$ -	\$ 104,692
	Nurse Aides - Total Hours	5,941.8	-	5,941.8

Commentary

None.



Independent Accountant’s Report on Internal Control Over Financial Reporting and on Compliance and Other Matters Based on an Examination of Financial Statements Performed in Accordance With *Government Auditing Standards*

State of Delaware
Office of Auditor of Accounts
401 Federal Street
Dover, DE 19901

Department of Health and Social Services
Division of Medicaid and Medical Assistance
Medicaid's Long Term Care Facilities
1901 N. Dupont Highway, Lewis Building
New Castle, DE 19720

We have examined management’s assertions that Regal Heights Healthcare and Rehabilitation Center (Provider) has complied with federal requirements (42 CFR 447.253 and 483 Subpart B) and state requirements (Title XIX Delaware Medicaid State Plan, Attachment 4.19D), as applicable, relative to the Provider’s fiscal records of the Department of Health and Social Services (DHSS), Division of Social Services, Medicaid Long-Term Care Facilities’ Statement of Reimbursement Costs for Skilled and Intermediate Care Nursing Facilities – Title XIX and Nursing Wage Survey (cost report and survey, respectively) for the fiscal year ended June 30, 2019, and have issued our report thereon dated February 13, 2023. We conducted our examination in accordance with attestation standards established by the American Institute of Certified Public Accountants (AICPA) and the standards applicable to financial examinations contained in *Government Auditing Standards*, issued by the Comptroller General of the United States of America.

Internal Control Over Reporting

In planning and performing our examination, we considered the Provider’s internal control over financial reporting in order to determine our examination procedures for the purpose of expressing our opinions on management’s assertions, but not for the purposes of expressing an opinion on the effectiveness of the Provider’s internal control over financial reporting. Accordingly, we do not express an opinion on the effectiveness of the Provider’s internal control over financial reporting.

A deficiency in internal control exists when the design or operation of a control does not allow management or employees, in the normal course of performing their assigned functions, to prevent or detect and correct misstatements on a timely basis. *A material weakness* is a deficiency or combination of deficiencies in internal control, such that there is a reasonable possibility that a material misstatement of the cost report or survey will not be prevented, or detected and corrected on a timely basis. *A significant deficiency* is a deficiency, or a combination of deficiencies, in internal control that is less severe than a material weakness, yet important enough to merit attention by those charged with governance.

Our consideration of internal control over financial reporting was for the limited purpose described in the first paragraph of this section and was not designed to identify all deficiencies in internal control over financial reporting that might be deficiencies, significant deficiencies or material weaknesses. We

did not identify any deficiencies in internal control over financial reporting that we consider to be material weaknesses, as defined above.

Compliance and Other Matters

As part of obtaining reasonable assurance about whether the Provider's cost report and survey are free of material misstatement, we performed tests of its compliance with certain provisions of laws, regulations, contracts and grant agreements, noncompliance with which could have a direct and material effect on the determination of reported amounts. However, providing an opinion on compliance with those provisions was not an objective of our examination, and accordingly, we do not express such an opinion. The results of our tests disclosed no instances of noncompliance that are required to be reported under *Government Auditing Standards*.

Purpose of this Report

The purpose of this report is solely to describe the scope of our testing of internal control and compliance and the results of that testing, and not to provide an opinion on the effectiveness of the Provider's internal control or on compliance. This report is an integral part of an examination performed in accordance with *Government Auditing Standards* in considering the Provider's internal control and compliance. Accordingly, this communication is not suitable for any other purpose.

This report is intended solely for the information and use of the State of Delaware Office of Auditor of Accounts, DHSS, Division of Medicaid and Medical Assistance, and Medicaid's Long Term Care Facilities and is not intended to be and should not be used by anyone other than the specified parties. However, under 29 Del. C. §10002, this report is public record and its distribution is not limited. This report, as required by statute, was provided to the Office of the Governor, Office of the Controller General, Office of the Attorney General, the General Assembly, and Office of Management and Budget.

Myers and Stauffer LC

Myers and Stauffer LC
Owings Mills, Maryland
February 13, 2023

Regal Heights Healthcare and Rehabilitation Center
Schedule of Findings for the Fiscal Year Ended June 30, 2019

Findings and Responses

None.